

# Healthy Streets Design Short Course

# Healthy Streets Design Short Course

## OVERVIEW

This training course has been developed to introduce designers to:

- applying the Healthy Streets Approach in design.
- using the Healthy Streets Design Check tool with accuracy
- using the tool to improve their designs
- building support from others for their proposed designs

The sessions can be delivered via an online platform in five two-hour seminars or in person over two full days. All participants need to commit time to complete the preparation tasks for each session for the training to be effective.

The course can be delivered for groups of up to 30 participants. There is a gap of at least a week between sessions 2 and 3 to give participants sufficient time to work in groups to complete their preparation tasks.

This course is shorter and lighter-touch than the Healthy Streets Design Check Training Course. This course gives an introduction to Healthy Streets in Design but does not equip participants to quality assure completed Design Checks. Participants do not need a technical

background in design/engineering will not receive Healthy Street Designer accreditation.

## The Healthy Streets Design Check

The Healthy Streets Design Check is one in a suite of tools for implementing and evaluating the Healthy Streets Approach.

This tool has been developed with and for designers and engineers to score existing and proposed street lay-outs against the Healthy Streets Indicators.

This tool can be applied to any street or design. It can be used throughout the design process including: to develop project specification; to audit or raise designers' performance; to evaluate project impact; and to communicate design quality.

A Healthy Streets Design Check has been developed for the UK, Australia, New Zealand and Budapest. Ideally we will create a tailored Design Check tool for each country wanting to apply this Approach. If your country does not yet have a bespoke tool the UK version can be used on streets in Europe and the Australia version can be used on streets in the USA/Canada.

## COURSE SUMMARY

Participants are expected to participate in every workshop session and complete each preparation task. The course is delivered over several weeks to give participants time to complete their preparation tasks between sessions.

## Workshop sessions

Sessions are delivered by Lucy Saunders, who leads the development of all the Healthy Streets tools. Each session builds on the content of the previous sessions and the preparation tasks.

## Preparation tasks

Prior to each workshop, participants are set a preparation activity to develop their skills in using the Design Check and applying Healthy Streets in design.

## COURSE PROGRAMME

### Preparation 1

Participants watch the video introduction to familiarise themselves with Healthy Streets and the tool. They download the Design Check and look through it (30 minutes).

### Session 1

The course starts with an overview of the Healthy Streets principles and how this tool fits into the wider suite of Healthy Streets measurement tools.

The session then introduces the tool: how it works, who should use it, when to use it, the strengths and limitations and how it fits in the wider suite of Healthy Streets tools.

### Preparation 2

Participants familiarise themselves with the functionality of the tool, they read the 'about' and 'help' tabs. Participants

begin to complete a Design Check for a project (30 minutes).

### Session 2

This session takes participants step by step through how to measure each metric. This includes discussion about common measurement mistakes and tips on how to assess each metric.

### Preparation 3

In groups of 4, the participants complete a Healthy Streets Check for a street and a proposed redesign of that street (3 hours).

Completed Checks are submitted and reviewed for accuracy and feedback is given to each group.

### Session 3

In this session the group discuss the experience and challenges of completing the Design Check and we review the metrics which proved challenging to score correctly. We discuss how to present the results of a Design Check to a general audience.

### Preparation 4

Each group of 4 compiles a short powerpoint presentation to deliver to a general audience setting out how their proposed redesign will deliver benefits for people.

### Session 4

Each group delivers their presentation and all participants identify opportunities for improving presentations.

### Preparation 5

Participants are set challenging questions they may face which they develop a model answer to.


## Session 5

Participants present their responses to challenging questions and refine their answers. The group plan how they will implement using the tool in their work.

## BOOKING DETAILS

This course is £6000+VAT for group bookings of up to 30 participants. Group courses can be delivered on-line, in-person or mixed format. For in-person sessions this does not include venue hire and catering (which are provided by the client) or international travel for the trainer.

ENGLAND  
Healthy Streets Design Check






Healthy Streets®  
Department for Transport

About →  
Get started →  
September 2021

Illustration by Planit Ltd ©2021 Healthy Streets Ltd. All Rights Reserved

AUSTRALIA  
Healthy Streets Design Check

Healthy Streets®

About →  
Get started →  
July 2022

©2021 Healthy Streets Ltd. All Rights Reserved

BUDAPEST  
Egészséges Utcák értékelési rendszer




Healthy Streets®  
BUDAPEST

Bevezető →  
Kezdés →  
2022. szeptember

©2022 Healthy Streets Ltd. All Rights Reserved

NEW ZEALAND  
Healthy Streets Design Check




Healthy Streets®  
WAKA KOTAHU  
Māori Transport  
Kaitiaki

About →  
Get started →  
Draft September 2023  
(pilot version)

©2023 Healthy Streets Ltd. All Rights Reserved



Healthy  
Streets®

[www.healthystreets.com](http://www.healthystreets.com)  
[training@healthystreets.com](mailto:training@healthystreets.com)